



January 2025 Progress Report

\$4.88 million raised of \$5 million Campaign for CHAAMP goal

In two short years, the Foundation of Hope *Child and Adolescent Anxiety and Mood Disorders Program (CHAAMP)* has demonstrated remarkable success under the leadership of Director Danielle Roubinov, PhD. **Thanks to your generosity, CHAAMP's substantial growth has put vision into action**, and we're thrilled to share these exciting research and program updates!

\$29 Million in Research Underway



Dr. Danielle Roubinov

\$2,100,000

Funding Source: Duke Endowment

Examining stress factors in children with childhood adversity exposure

\$9,000,000

Funding Source: Patient-Centered Outcomes Research Institute

Comparing suicide prevention approaches and effectiveness among autistic youth

\$199,000

Funding Source: Foundation of Hope

Tracking PTSD symptoms and frequency in children and mothers after trauma

Pilot support

Funding Source: UNC Pediatrics

Evaluating an evidence-based treatment for youth anxiety & depression in primary care clinics

\$3,900,000

Funding Source: National Institute of Mental Health

Exploring psychosocial and biological factors that contribute to adolescent anhedonia and depression risk

\$300,000

Funding Source: Fullerton Foundation

Developing a scalable, self-paced digital program to treat youth anxiety



Dr. Cope Feurer

\$74,802

Funding Source: Foundation of Hope

Identifying stress responses in teens through EEG to examine depression onset and severity

\$1,000,000

Funding Source: National Institute of Mental Health

Using negative and stressful social interaction reactions as predictors of depression in female adolescents



Dr. Adam Miller

\$4,200,000

Funding Source: National Institute of Mental Health

Determining symptom onset and timing of self-injurious thoughts and behaviors in middle childhood

\$4,700,000

Funding Source: National Institute of Mental Health

Developing a timely, technology-based intervention in primary care settings for adolescents with depression



Dr. Andrea Baldelli

\$925,000

Funding Source: National Institute of Mental Health

Identifying how social motivation and childhood threat exposure affects teenage suicidality

\$2,500,000

Funding Source: National Institute of Mental Health

Linking childhood trauma, social adaptation cues, and puberty timing to suicide risk in preteen girls



Dr. Gabrielle Hodgins

\$78,000

Funding Source: Foundation of Hope

Impacting clinical outcomes for teens at risk for suicide after psychiatric hospitalization



Dr. Nate Sowa - *Study Complete*

\$90,000

Funding Source: UNC Behavioral Health Workforce Research Center

Exploring the scope of school-based behavioral health across the US

campaignforCHAAMP.org

Growing Research Team

The CHAAMP research team is constantly growing, and your investment makes this possible!

- ▶ CHAAMP Director & Early Childhood Expert: *Danielle Roubinov*
- ▶ CHAAMP Associate Director & Adolescent Expert: *Adam Miller*
- ▶ CHAAMP Digital Mental Health Expert: *Benjamin Buck*
- ▶ 1 Child and Adolescent Psychiatrist
- ▶ 2 Clinical Psychologists
- ▶ 1 Program Manager
- ▶ 6 Graduate and Undergraduate Trainees
- ▶ 6 Research Coordinators

Collaborative Initiatives

CHAAMP is engaging across the University to innovate the field of child and adolescent psychiatry.

Digital Media Research Group

A group of researchers, clinicians, and staff led by Dr. Baldelli to address and review research related to digital media use by youth. This inter-departmental effort (from Psychiatry, Psychology, and Neuroscience) seeks to promote evidence-based understanding and literacy research around online behaviors, social media interventions, and adolescent mental health challenges.

CHAAMP Teen Advisory Board

Led by Dr. Feurer, this group of 11 diverse high school students from the Triangle area meet quarterly to provide feedback on CHAAMP research that will improve the quality and direct impact. The information from the Teen Advisory Board helps CHAAMP researchers better understand teens' lived experiences and evaluate connections to youth risk for depression and anxiety.



Thanks to you, BIG impact is happening. Let's keep going!

Scan here to
learn more!

