



# October 2024 Progress Report

## \$4.4 million raised of \$5 million Campaign for CHAAMP goal

The Foundation of Hope Child and Adolescent Anxiety and Mood Disorders Program (CHAAMP) has demonstrated remarkable growth and success under the leadership of Director Danielle Roubinov, PhD. *Your investment made this progress possible, and we're thrilled to share these exciting updates from CHAAMP.*

## \$26 Million in Research Underway

CHAAMP has attracted external funding already – over \$26 million in research grants is ongoing!



### Dr. Danielle Roubinov

**\$2,100,000**

Examining stress factors in children with childhood adversity exposure

*Funding Source: Duke Endowment*

**\$9,000,000**

Comparing suicide prevention approaches and effectiveness among autistic youth

*Funding Source: Patient-Centered Outcomes Research Institute*

**\$199,000**

Tracking PTSD symptoms and frequency in children and mothers after trauma

*Funding Source: Foundation of Hope*

**Pilot support**

Evaluating an evidence-based treatment for youth anxiety & depression in primary care clinics

*Funding Source: UNC Pediatrics*

**\$3,900,000**

Exploring psychosocial and biological factors that contribute to adolescent anhedonia and depression risk

*Funding Source: National Institute of Mental Health*



### Dr. Cope Feurer

**\$74,802**

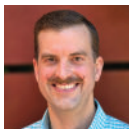
Identifying stress responses in teens through EEG to examine depression onset and severity

*Funding Source: Foundation of Hope*

**\$1,000,000**

Using negative and stressful social interaction reactions as predictors of depression in female adolescents

*Funding Source: National Institute of Mental Health*



### Dr. Adam Miller

**\$4,300,000**

Determining symptom onset and timing of self-injurious thoughts and behaviors in middle childhood

*Funding Source: National Institute of Mental Health*

**\$4,700,000**

Developing a timely, technology-based intervention in primary care settings for adolescents with depression

*Funding Source: National Institute of Mental Health*



### Dr. Nate Sowa

**\$90,000**

Exploring the scope of school-based behavioral health across the US

*Funding Source: UNC Behavioral Health Workforce Research Center*

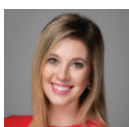


### Dr. Andrea Baldelli

**\$925,000**

Identifying how social motivation and childhood threat exposure affects teenage suicidality

*Funding Source: National Institute of Mental Health*



### Dr. Gabrielle Hodgins

**\$78,000**

Impacting clinical outcomes for teens at risk for suicide after psychiatric hospitalization

*Funding Source: Foundation of Hope*

[campaignforCHAAMP.org](https://campaignforCHAAMP.org)

## Growing Research Team

The CHAAMP research team is constantly growing, and your investment makes this possible.

- ▶ CHAAMP Director & Early Childhood Expert: *Danielle Roubinov*
- ▶ CHAAMP Associate Director & Adolescent Expert: *Adam Miller*
- ▶ 1 Child and Adolescent Psychiatrist
- ▶ 3 Clinical Psychologists
- ▶ 5 Graduate and Undergraduate Trainees
- ▶ 2 Research Coordinators: currently being recruited

## Collaborative Initiatives

CHAAMP is engaging across the University to innovate the field of child and adolescent psychiatry.

### Social Media & Youth Mental Health Working Group

A group of researchers, clinicians, and staff led by Dr. Roubinov to address social media challenges among children and adolescents, including developing a recommendation/resource guide for providers and families on promoting healthy online behaviors, digital literacy, and social media interventions.

### Other Research Study Collaborations

CHAAMP collaborates on 3 additional research studies: two with UNC Psychiatry and one with NC TraCS (clinical and translational science). The studies include designing wearable technology to gather real-time physiological and psychological data, evaluating supportive services outcomes on children's behavioral health, and testing a phone app to improve emotion regulation and coping skills in adolescents.

**Thanks to you, hope is happening.  
Let's keep going!**



Scan here to  
learn more!

