



# October 2024 Progress Report

**\$4.4 million raised of \$5 million Campaign for CHAAMP goal**

The Foundation of Hope Child and Adolescent Anxiety and Mood Disorders Program (CHAAMP) has demonstrated remarkable growth and success under the leadership of Director Danielle Roubinov, PhD. *Your investment made this progress possible, and we're thrilled to share these exciting updates from CHAAMP.*

## \$26 Million in Research Underway

CHAAMP has attracted external funding already – over \$26 million in research grants is ongoing!



### Dr. Danielle Roubinov

**\$2,100,000**

Examining stress factors in children with childhood adversity exposure

*Funding Source: Duke Endowment*

**\$9,000,000**

Comparing suicide prevention approaches and effectiveness among autistic youth

*Funding Source: Patient-Centered Outcomes Research Institute*

**\$199,000**

Tracking PTSD symptoms and frequency in children and mothers after trauma

*Funding Source: Foundation of Hope*

### Pilot support

Evaluating an evidence-based treatment for youth anxiety & depression in primary care clinics

*Funding Source: UNC Pediatrics*

**\$3,900,000**

Exploring psychosocial and biological factors that contribute to adolescent anhedonia and depression risk

*Funding Source: National Institute of Mental Health*



### Dr. Cope Feurer

**\$74,802**

Identifying stress responses in teens through EEG to examine depression onset and severity

*Funding Source: Foundation of Hope*

**\$1,000,000**

Using negative and stressful social interaction reactions as predictors of depression in female adolescents

*Funding Source: National Institute of Mental Health*



### Dr. Adam Miller

**\$4,300,000**

Determining symptom onset and timing of self-injurious thoughts and behaviors in middle childhood

*Funding Source: National Institute of Mental Health*

**\$4,700,000**

Developing a timely, technology-based intervention in primary care settings for adolescents with depression

*Funding Source: National Institute of Mental Health*



### Dr. Nate Sowa

**\$90,000**

Exploring the scope of school-based behavioral health across the US

*Funding Source: UNC Behavioral Health Workforce Research Center*



### Dr. Andrea Baldelli

**\$925,000**

Identifying how social motivation and childhood threat exposure affects teenage suicidality

*Funding Source: National Institute of Mental Health*



### Dr. Gabrielle Hodgins

**\$78,000**

Impacting clinical outcomes for teens at risk for suicide after psychiatric hospitalization

*Funding Source: Foundation of Hope*

[campaignforCHAAMP.org](http://campaignforCHAAMP.org)

## Growing Research Team

The CHAAMP research team is constantly growing, and your investment makes this possible.

- ▶ CHAAMP Director & Early Childhood Expert: *Danielle Roubinov*
- ▶ CHAAMP Associate Director & Adolescent Expert: *Adam Miller*
- ▶ 1 Child and Adolescent Psychiatrist
- ▶ 3 Clinical Psychologists
- ▶ 5 Graduate and Undergraduate Trainees
- ▶ 2 Research Coordinators: currently being recruited

## Collaborative Initiatives

CHAAMP is engaging across the University to innovate the field of child and adolescent psychiatry.

### Social Media & Youth Mental Health Working Group

A group of researchers, clinicians, and staff led by Dr. Roubinov to address social media challenges among children and adolescents, including developing a recommendation/resource guide for providers and families on promoting healthy online behaviors, digital literacy, and social media interventions.

### Other Research Study Collaborations

CHAAMP collaborates on 3 additional research studies: two with UNC Psychiatry and one with NC TraCS (clinical and translational science). The studies include designing wearable technology to gather real-time physiological and psychological data, evaluating supportive services outcomes on children's behavioral health, and testing a phone app to improve emotion regulation and coping skills in adolescents.

**Thanks to you, hope is happening.  
Let's keep going!**



Scan here to  
learn more!

